



# YOUNG'S WHITE TIGER MARTIAL ARTS



## A B O U T Y W T M A

Our school offers a safe and enriching enviornment for children ages 3 and up. Master Lee at Young's White Tiger Martial Arts teaches Olympic style Tae Kwon Do, where the stances are short and the kicks are fast and furious. Students also learn patterns, strikes, self-defense, and board breaking.

You are already awesome, but starting classes at Young's White Tiger Martial Arts will help you become an even better you! With us as your guide, you will become a

**CHAMPION!** 

### CONTACT



Are you ready to change your life by getting active, improving your focus, learning selfdefense, selfdiscipline, and gaining self-

confidence? Do not hesitate to contact us! You can find us across the street from Forney High School.

571 S. FM 548 Forney, TX 75126

Business: (972) 357 - 7898

Master's Cell: (214) 757-9079

youngswhitetigerforney@gmail.com

You can achieve anything you set your mind to, and YWTMA is here to help you gain the self-discipline and self-confidence you need!

- Tae Kwon Do for ages 3+
- After School Program
  - Summer Camps

Young's White Tiger Martial Arts in Forney teaches Olympic style Tae Kwon Do, which is a very fun and fulfilling activity for adults and children of every age. Enroll now!









#### TAE KWON DO

♥es, I can!

Win

Train

Master

Achieve

Tae Kwon Do is a Korean Martial Art. The name is derived from the Korean word "Tae" meaning "foot", "Kwon" meaning "fist" and "Do" meaning "way of." Therefore, Tae Kwon Do literally translates to "the way of the foot and fist".

"Is Tae Kwon Do and Karate the same thing?" The answer is no! Tae Kwon Do emphasizes kicking techniques, while Karate focuses on hand strikes. The specific postures, stances, and movements differ significantly between these two martial arts.

#### **ABOUT MASTER LEE**

Our Master, Master Lee, is a gold medalist of the 1998 Asian Olympics. She has lived most of her life in Korea and has been to many different places around the world to compete, while always returning back home with outstanding results.

Master Lee is a 7th Degree Black Belt of Tae Kwon Do. She is a Level II Tae Kwon Do Certified Master, and is currently working on getting her International Referee Certification. Master Lee was a member of the National Tae Kwon Do Athletic Team in South Korea for 15 years. The last 3 years, she was a part of the National Professional Team.

She has been awarded two Coaching awards. One for the Best Coach at the 2000 Tae Kwon Do contest for the flag of president city of Daegu, and the other for the Best Coach in the field of Tae Kwon Do at the 2000 Daegu National Physical Meeting.

## AFTER SCHOOL PROGRAM AND SUMMER CAMPS

In the After School Program, your children can be picked up from their school by our trusted staff and brought to our location. The After School Program includes: martial art lessons, snacks, and tutoring where students will learn new things regarding different subjects such as English, Math, Science and Spanish.

During Summer Camp, we provide various activities for the children including: field trips, studying time, martial art lessons, movies, and lots more! The hours are great, starting from 7:00AM to 7:00PM.



To find out more about us and see pictures of our fun adventures, follow us on Facebook. Search: Young's White Tiger Martial Arts Forney.

